

ACLS Course Preparation & Requirements

Arrival & Participation Please plan to arrive on time; late arrivals will find it difficult to catch up once we begin. Students are expected to attend and participate in the entire course.

Mandatory Precourse Work You must complete the online precourse assessment and video work before arriving at the facility. This link takes you directly to the required materials:

- **Access Link:** <https://shopcpr.heart.org/acls-prework>
- **Instructions:** Log in to your AHA account (or create one). Complete the **ACLS Precourse Self-Assessment and Video Prework**.
- **Proof of Completion:** You must provide your completion certificate to the instructor. You can either **print your certificate** and bring it to class or **email it to info@attentivesafety.com** before class starts.

How to Get Ready The ACLS Course covers extensive material in a short time. Please prepare by doing the following:

- **Review the Manual:** Understand the information in your *ACLS Provider Manual*.
- **BLS Readiness:** Ensure your BLS skills are current. You will be tested on adult high-quality BLS skills (CPR and AED) at the start of the course. ACLS does not teach these basic skills.
- **What to Bring:** Bring your *ACLS Provider Manual*. You may also bring the optional *AHA Handbook of Emergency Cardiovascular Care*.
- **What to Wear:** Wear loose, comfortable clothing. You will be practicing skills on your hands and knees, bending, standing, and lifting.

Note: If you have physical conditions (back, knee, or hip issues) that may prevent you from these activities, please notify your instructor so they can adjust the equipment.

Contact Information We look forward to seeing you in class! If you have any questions, please contact us:

Attentive Safety CPR and Safety Training Phone: 1-877-531-2226 | **Email:** info@attentivesafety.com **Website:** www.attentivesafety.com